



**Ken Settel, M.D.**

Senior Fellow  
Brookline, MA

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Role: Advisors & Coaches

Expertise: Executive Advisory

Last Updated: June 22, 2022

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**BACKGROUND AND EXPERIENCE**

Kenneth M. Settel, M.D. is an Executive Advisor with Crenshaw Associates. He is a Psychiatrist and Psychoanalyst who works with businesses and organizations to develop leadership success, resolve organizational conflict and promote operational effectiveness.

He consults to Leaders, Teams and Boards from large corporations to start ups and family businesses. He has assisted with leadership transitions and worked to create more effective teams through deeper awareness of individual and organizational dynamics and processes, strategic focus and communication.

In addition to his work at Crenshaw, Ken is a member of the Boswell Group, a psychoanalytic organizational consultation group. For over 25 years he has worked with Harvard Risk Management, supporting physicians and their organizations. Earlier, Dr. Settel worked as an associate at the Levinson Institute, an organizational consulting and executive education group. Prior to that he was a principal and cofounder of Spectrum, OED, Inc., a management and professional development consulting firm.

Ken also sits on the faculty of the Psychoanalytic Institute of New England. He established and was Chairman of the Committee on Corporate and Organizational Consultation of the American Psychoanalytic Association where he has arranged workshops for Psychoanalysts interested in organizational consultation. He currently teaches a course in Leadership development to fourth year psychiatry residents at Harvard Medical School.

Ken graduated from Columbia College in New York, Dartmouth Medical School and the University of Washington Medical School.

He is the author of CEO Psychology: Who Rises, Who Falls, and Why (Harvard Medical School Guide, 2014).

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Pharmaceuticals, Technology, Financial Services, Legal and Professional Services, Healthcare, Manufacturing

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## FUNCTIONAL EXPERTISE

Psychiatry and Psychoanalysis

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## COMPANIES WORKED FOR

The Boswell Group, Harvard Risk Management, Psychoanalytic Institute of New England, Levinson Institute, Spectrum, OED, Harvard Medical School

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## EDUCATION

M.D., University of Washington Medical School; BMS, Dartmouth Medical School, Columbia College; BA, Premed, Columbia University

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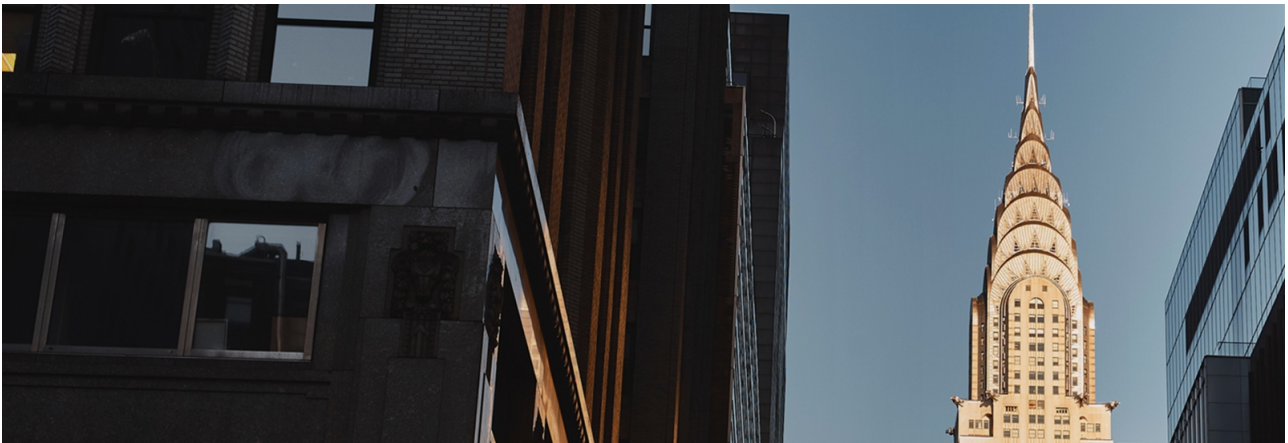
## PUBLICATIONS

CEO Psychology: Who Rises, Who Falls, and Why (Harvard Medical School Guide, 2014)

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## FUN FACT

Enjoys outdoor activities including hiking, biking, skiing, swimming, birding and traveling including going on safari in Africa.



## ABOUT CRENSHAW ASSOCIATES

**40 + years of helping companies and executives thrive.**  
**Delivering today, developing for tomorrow.**

We specialize in understanding top talent – exclusively – and in promoting their success.  
We support clients who are transitioning, OnBoarding, being groomed for new responsibility, building their team cultures, or aspiring to become corporate directors.